



الْحَقُّ

"Al-Haqq"

He is the one true and certain in His existence, in His self, in His attributes, in His sayings and in His actions. Shaykh 'Abd al-Rahmaan al- Sa'di said: His words are truth; the meeting with Him is truth; His Messengers are truth; His Books are truth; His religion is the Truth; the worship of Him Alone, with no partners or associates, is the Truth; everything that has to do with Him is truth!

Reflection: Have you ever pondered on this verse? 'And say, "Truth has come, and falsehood has departed. Indeed, is falsehood, [by nature], ever bound to depart."
(Quran, 17:81)

You might think not adhering to the truth looks like it will save you, you might think hiding the truth is easier, and maybe it is -in the short term – but Allah tells us falsehood is by its nature something that will depart, and leave. It will always leave you exposed in the end – either in this life or in the next. It can seem so comforting to hide from the truth at the moment, but your soul will always call you to the truth and want you to stand for it- it knows when you are not in your truth and that gap between where you are and where your soul wants to be in the truth, is the gap where pain and anguish are born!

AFFIRMATIONS

I am deeply grateful to Allah, al-Haqq, for...

AYAT

"Allah is al-Haqq, the Truth, and I choose to live with this name by speaking truthfully and for the truth, by following the truth when it comes to me and by seeking out those who are truthful"



Living with this Name: The only thing that will remain is the truth. So, we must:

- Seek the truth – sincerely and al-Haqq will guide us to it
- Follow the truth, when it comes to us, and Al-Haqq will help those who are truthful
- Speak the truth – for ourselves and for others for whom we can, using our tongues and minds to establish the truth, so we can be loved by al-Haqq.
- Enjoin the truth and encourage others to it, with gentles, hikmah and mercy, so that we come closer to Him.
- Remember the Day of ultimate truths – the Day of Judgement, “al-Haaqqah” when we will all have to speak the truth, and when our bodies, the animal and even inanimate objects like the earth will speak the truth either for us or against us. On that day there will be no hiding from the Truth, no hiding from Al-Haqq who sent us the truth.

ACTION POINTS

Where in your life have you already experienced this name, al- Haqq? Has there been a time when Al-Haqq showed you the truth when you were in the dark?

Where in your life can you live with this name more? Where do you need to speak your truth more fully, or live into it more?

Where in your relationships can you spend more time to understand the truth of others?

DUAS

What dua will you ask Allah for, using His name al-Haqq?