

القدير

"Al-Qadeer"

Al Qadeer is The One who is fully capable of doing all things, al-Qadeer is totally Perfect in His Ability and in His Power. He is capable of doing everything, and He has perfect power over the creation. He measures everything with perfection; He decrees everything that was, is, and will ever be. He brought forth life from nothing, and He can resurrect us again. Nothing is impossible for the One who has complete ability and power.

Reflection: Is there a specific dua you are making that seems almost impossible to imagine? Remember this verse: "His command is only when He intends a thing that He says to it, "Be," and it is." (Quran, 36:82) Recognize that Allah is capable of all things.

When you ask Allah, be open and have certainty because you know that Allah is al-Qadeer, all Powerful. When you firmly believe that Allah is capable of all things, you start to open your heart and eyes to more possibilities. Because when you know that Allah (swt) is al-Qadeer and able and you know that He has told us this about Himself, the natural consequence of that belief is that you derive strength from Allah and from the knowledge of his ability- you derive hope, because you know that all you can see is not all there is; you develop confidence that Allah can make things happen that you cannot!

AFFIRMATIONS

I am deeply grateful to Allah for (think of some abilities and powers that He has granted you)...

AYAT

"I know with full certainty that Allah is al-Qadeer, the all-Powerful and Able, and that he is able to do anything. I lay my weakness at His door, and derive strength from Him and the knowledge that He can decree any matter He wishes. "



Living with this Name: Think about the du`a' of istikhaarah (seeking guidance) - the Prophet sallAllaahu alyhi wa sallam said: "If one of you feels inclined to do something then let that one pray two units of optional prayer, then say: 'O Allah! I seek Your guidance by virtue of Your knowledge, and I seek ability by virtue of Your power, and I ask You of Your great bounty. You have power; I have none. And You know; I know not. You are the Knower of hidden things. O Allah! If in Your knowledge, (this matter*) is good for my religion, my livelihood and my affairs, immediate and in the future, then ordain it for me, make it easy for me, and bless it for me. And if in Your knowledge, (this matter*) is bad for my religion, my livelihood and my affairs, immediate and in the future, then turn it away from me, and turn me away from it. And ordain for me the good wherever it may be, and make me content with it.'" (Bukhari) We seek the help of Allah through His Power and His Ability - "I seek ability, by virtue of Your power." In the duaa, we acknowledge that we have no power, but that knowledge does not debilitate us, because we are empowered through our connection to Him, Al-Qadeer.

ACTION POINTS

Where in your life have you already experienced Allah as al- Qadeer? Was there a time you were given power and ability when you thought you didn't have it? Or was there a time where Allah al - Qadeer just Decreed a matter to be taken care of so easily for?

Where in your life can you live with this name more? Is there a duaa that you have been holding back on, because you feel that it's "not possible" or unrealistic? Is there somewhere in your life where you are holding back because you don't think you have the ability? Where and why?

DUAS

What duaa will you ask Allah for, using His name al Qadeer?