



# أَلْحَكِيمُ

"Al-Hakeem"

The One who has perfect wisdom: Everything that happens is due to His Wisdom, and everything that doesn't happen is due to His Wisdom. He did not create anything, nor did He command or prohibit anything, except for a reason and due to His Wisdom. He alone knows the true nature of things and can pass judgement on them.

**Reflection:** Can I embrace the wisdom of AL-Hakeem in every situation I find myself in?

When we know that everything that comes to us, and everything that we are withheld from is for a reason and a wisdom, then it helps us to accept and not resist the situation that we found ourselves in. One of the greatest sources of pain we have in our lives comes from resisting what is. And yet when we submit to His Wisdom, against our own desires and ego, we find peace and tranquillity and taste the sweetness of real emanation.

This is true of His legislations too – when we know that they are the Best thing to do, even if we cannot see it, we can still submit to it, and even learn to embrace that our submission to His Wisdom is both spiritual and intellectual. We can train ourselves to look for the wisdom in a situation, and when we do so, we start to actually see it, because Allah, al Hakeem, grants us this opening of our eyes and hearts.

## AFFIRMATIONS

I am deeply grateful to Allah for...

## AYAT

“I know and accept with a heart full of gratitude, that Everything that Allah, al-Hakeem, does is for a reason, and a Wisdom. I embrace His Wisdom and submit to it in every situation.”

**Living with this Name:** How can we connect with the Wisdom of Allah?

Al-Hakeem Himself tells us: تَنْزِيلُ الْكِتَابِ مِنَ اللَّهِ الْعَزِيزِ الْحَكِيمِ ۲

“This Scripture is sent down from God, the Almighty, the Wise.” (Quran 46:2)

The scripture He sent is Hakeem - His words are full of wisdom, and so one of the best ways to connect with that wisdom, to learn it, to internalise it and implement it, is to connect with His Words. Every chapter, every verse and every single word and letter has been revealed for a wisdom. We have this font of wisdom available to us all the times- and it responds to our hearts, our doubts and our fears with wisdom, if we keep ourselves open and sincere.

### ACTION POINTS

Where in your life have you already experienced this name al Hakeem and noticed His Wisdom?

Where can you open yourself to His Wisdom and living with the knowledge of Al-Hakeem and submitting to His Wisdom more?

What small and consistent action can you take to connect with the words and wisdom of al-Hakeem every day?

### DUAS

What wisdom will you ask Allah for, using His name al-Hakeem? ( e.g.The wisdom to step back, or step up? The wisdom to speak up or the wisdom to stay silent?)