

# الْعَلِيمُ

"Al-Aleem"

The All-Knowing, The One from Whom nothing is hidden, whose knowledge is perfect, and complete, being fully aware of all things small and large. He knows what you hide in your breast, and what you reveal. He knows what we can never encompass or ever come to know.

**Reflection:** He has complete and intimate knowledge of every single thing – including us! He knows what we are experiencing, what our thoughts and feelings are – He is closer to us, through His knowledge- than our jugular vein. His knowledge encompasses the past, the present, and the future, which means Al-Aleem never forgets anything from the past nor is there anything He doesn't know about the future. He knows every time we resist speaking angrily, every time we get hurt and cry to Him, every time we complain to Him and not others, every time we prevent ourselves from doing what we want, and instead do what He wants, Al-Aleem is aware of it all - so don't think that anything you do goes to waste or has passed by unnoticed.

When we are disappointed that things are not going our way, Allah, al Aleem, consoles us by telling us to surrender to the knowledge that what Allah knows is better for us:

وَعَسَىٰ أَنْ تَكْرَهُوا شَيْئًا وَهُوَ خَيْرٌ لَّكُمْ وَعَسَىٰ أَنْ تُحِبُّوا شَيْئًا وَهُوَ شَرٌّ لَّكُمْ وَاللَّهُ يَعْلَمُ وَأَنْتُمْ لَا تَعْلَمُونَ ٢١٦

You may dislike something although it is good for you, or like something although it is bad for you: God knows and you do not.' (2:216)

## AFFIRMATIONS

## AYAT

I am deeply grateful to Allah, al- Aleem for teaching me...

"I surrender myself completely to Al-Aleem whose knowledge is Perfect and who knows what is best for me, He knows me better than I know myself and He has knowledge of all things."

**Living with this Name:** Ultimately, knowing that Allah is al-Aleem helps us to have humility and to be unattached to our own goals and outcomes. It gives us a sense of freedom and relaxation – since we surrender to the One who has the most knowledge, who knows what is, what could be and what might be. We can rest assured that whatever He has planned for us and allows to happen, is always done with the best knowledge and will have the best outcome.

### ACTION POINTS

Where in your life have you already experienced this name al- Aleem? Was there something that you didn't think would turn out well, but al-Aleem knew better and it turned out great?

Where in your life can you live with this name, al-Aleem, more? Where would you like to be able to remember that He knows all things, when others upset you and yet you forgive them?

Is there something that you will commit to learning more of, to get closer to al-Aleem?

### DUAS

What personal duaa will you ask Allah for, using His name al-Aleem?