



البصير

Al-Baseer

The All-Seeing, The All-Noticing. The one who sees all things by His Eternal Seeing without a pupil or any other instrument.

Al-Baseer means The All-Seeing, The One who perceives all things, visible or hidden. Al-Baseer is The One Who sees all things clearly, Whose Perfect sight encompasses the whole of creation. Derived from the root 'b-s-r' (ب ص ر), it encompasses the ability to see, to understand, and to perceive with full awareness. Al-Baseer sees everything without obstruction and with complete clarity and understanding. Al-Baseer's ability to see extends to all aspects of time and space, encompassing the past, present, and future, aware of everything in existence.

Reflection: Al-Baseer sees all visions; He sees everything no matter how fine and small it may be. He sees all that is under the seven earths just as He sees all that is above the seven heavens. He sees all that exists and does not exist, He sees the seen and unseen, and He sees all that is apparent and hidden. He sees the black ant, crawling on a hidden rock in the darkness of the night. He sees the food passing through its body and He sees the blood flowing through its veins.

ALLAH AL-BASEER IS THE OWNER OF INSIGHT AND IS AWARE OF ALL THINGS Allah sees the conditions of His slaves and He is All - Aware of them. He sees the turning of the hearts and what they conceal, and He sees the betrayal of the eyes. None of the acts of the slave are hidden from Him; He encompasses all deeds, stores them and guards them. The secrets are open for Him and the unseen is seen for Him.

AFFIRMATIONS

I trust fully in Al-Baseer, who sees and understands every aspect of my life and heart.

I strive to act with integrity, knowing Al-Baseer witnesses all, and I strive to purify my intentions and my actions.

When I feel unseen, I remind my heart that Al-Baseer sees everything, and He sees it perfectly, clearly, and from all angles, and He is the Most Just, and He will recompense me better and more completely than any human.

When I call upon Allaah Al-Baseer, I do so with (eg love/awe/humility/reverence)...

because He is the One Who...

AYAT

“Neither your relatives nor children will benefit you on Judgment Day—He will decide between you ‘all’. For Allah is All-Seeing of what you do.”

(Quran 60:3)

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Living with this Name:

Ihsaan: Knowing that Allah sees everything you do encourages you to be more devoted in your worship, more righteous in your deeds, and kinder to others. This is why Prophet, peace and blessings be upon him, said: Excellence in faith is to worship your Lord as if you see Him, and though You do not see Him, know that He sees you. [Al-Bukharee, Muslim] Strive for “ihsaan” (excellence) in every act you do.

Gain Insight: Lower the gaze from looking at what is unlawful then the eyes of the heart will be able to see. The eyes of the heart are the insight which enables us to see Allah’s actions, names and His ayat through every situation.

Struggling with Injustice: When facing injustice or feeling misunderstood, remember that Al-Baseer witnesses everything. His awareness of your situation assures you that no wrong is overlooked and that His justice will ultimately prevail.

ACTION POINTS

What does your heart call to, where does your attention wander to, that you will now put second, because you are willing to affirm that there is no one you love more than Allah, nothing you would sacrifice more for than Allah, there is no one who deserves your attention more than Allaah?

DAILY DU'A

اللَّهُمَّ عَافِنِي فِي بَدَنِي ، اللَّهُمَّ عَافِنِي فِي سَمْعِي ،
اللَّهُمَّ عَافِنِي فِي بَصَرِي ، لَا إِلَهَ إِلَّا أَنْتَ

"O Allah, grant me wellness in my body, my hearing, and my sight, there is no god but You."

(Sunan Abu Dawud 5090)



ACTION POINTS

What actions do you do when you are aligned with this truth? What thoughts and beliefs do you hold onto? What more can you do to align your actions with this truth?

What thoughts or feelings take you away from living in line with knowing Who Al-Baseer is?

When distractions emerge, how can you remain centred on Al-Baseer and acknowledge Him in moments of both gratitude and need?

PERSONAL DUAS

What dua will you ask Allah for, using His name Al-Baseer?

WHERE IN YOUR LIFE CAN YOU LIVE WITH THIS NAME MORE?

In what situations will remembering that Allah is Al-Baseer make an impact for you?

Eg I choose to remember Al-Baseer...

In what ways can you strive to see others with empathy, insight and understanding, embodying a sense of deeper awareness and helping them to feel seen by you?...

What dua will you ask Allaah for, using His name Al-Baseer?....