

The One Who is observing and witnessing everything and everyone in creation. He witnesses the seen and the unseen, and He is the Ultimate Witness on the Day of Judgment. No one can escape His Sight or His Knowledge. He Witnesses your every move and will call you to account for everything you do.

Reflection: Reflect on your awareness of ash-Shaheed in your life, who witnesses every moment, action, and intention with absolute awareness. Looking back at the challenging moments, notice how His role as the ultimate witness provides comfort; how knowing that every deed, whether acknowledged by others or not, is seen and valued by Him brings lightness to the heart.

Knowing Ash-Shaheed brings an awareness that encourages us to live authentically and mindfully, aligning our actions with our beliefs, knowing nothing escapes His notice. Let this realisation be a source of strength, helping you overcome struggles by trusting that you are never unseen or unheard. Maintain positivity, knowing that all your efforts are recognised by Allah, even when they may be overlooked by those around you. Use this knowledge to cultivate emotional awareness, practicing sincerity in your thoughts and actions, and extending compassion to others, understanding that they too are seen by Allah with the same vigilance.

AFFIRMATIONS

I am mindful of Ash-Shaheed's presence, striving to live authentically and with integrity. I trust in His perfect witness to guide and support me through life's journey.

Allaah alone deserves my full submission and I submit to Him fully with love in every prayer and sajdah.

I am deeply grateful to Allah, Ash-Shaheed for...

AYAT

Say, "Sufficient is Allah as a Witness between me and you. He is certainly All-Knowing, All-Seeing of His servants."

(Quran 17:96)

Say, “Sufficient is Allah as a Witness between me and you. He is certainly All-Knowing, All-Seeing of His servants.”

(Quran 17:96)

Living with this Name:

-Allows us to embody sincerity “ikhlaas” and mindfulness “taqwa”- Live with the awareness that Ash-Shaheed witnesses everything, and allow that to prompt you to check in with your heart and act with integrity and sincerity in all matters.

-Fosters accountability- Let the knowledge that Allah sees all encourage you to hold yourself accountable and strive for moral excellence in all interactions and endeavours.

-Encourages Compassion - Be empathetic towards others, realising that their journeys are also witnessed by Allah, and offer support and kindness accordingly.

Don't make your limbs testify against you. Use your tongue for speech beloved by Ash-Shaheed, your eyes to read the Quran, your limbs to pray to Him as they will all testify as what you used them for!
Live the shahada, don't just say it.

Nurture more trust: Ash-Shaheed says in this beautiful soothing ayah: So wait patiently for your Lord's decree, for surely you are in Our sight. [Quran 52:48]

Be a witness for the truth- stand up for the truth, even if it is against your own self.

ACTION POINTS

What does your heart call to, where does your attention wander to, that you will now put second because you are willing to affirm that there is no one you love more than Allah, nothing you would sacrifice more for than Allah, there is no one who deserves your attention more than Allaah?

DAILY DU'A

اَللّٰهُمَّ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ ، فَاطِرَ السَّمٰوٰتِ وَالْاَرْضِ رَبَّ كُلِّ شَيْءٍ وَمَلِيْكَهُ ، اَشْهَدُ اَنْ لَا اِلٰهَ اِلَّا اَنْتَ ، اَعُوْذُ بِكَ مِنْ شَرِّ نَفْسِيْ ، وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهِ ، *وَاَنْ اَقْتَرِفَ عَلٰى نَفْسِيْ سُوْءًا ، اَوْ اَجْرَهُ اِلٰى مُسْلِمٍ

“O Allah, Knower of the unseen and the seen, Creator of the heavens and the earth, the Lord and Sovereign of everything; I bear witness that there is no god worthy of worship but You. I seek Your protection from the evil of my own self, from the evil of Shayṭān and from the evil of polytheism to which he calls, *and from inflicting evil on myself, or bringing it upon a Muslim.”

(Tirmidhī 3392)

ACTION POINTS

What actions do you do when you are aligned with this truth? What thoughts and beliefs do you hold onto? What more can you do to align your actions with this truth?

What thoughts or feelings take you away from living in line with knowing Who Ash-Shaheed is?

When distractions emerge, how can you remain centred on Ash-Shaheed and acknowledge Him in moments of both gratitude and need?

PERSONAL DUAS

What duaa will you ask Allah for, using His name Ash-Shaheed?

WHERE IN YOUR LIFE CAN YOU LIVE WITH THIS NAME MORE?

- Reflect on a situation where the awareness of being seen by Allah influenced your actions positively.

- Write about how you can incorporate mindfulness in your daily routine, being conscious of Ash-Shaheed's constant observation.