

The Most Generous, The Most Noble, The One Abundant in Good

Al-Kareem is the One who is infinitely generous, pouring out blessings and favours upon His creation without limit.

Reflection: Can you think about a time in your life where you wanted something, and yet you kept that wish hidden in your heart and never made a dua for it, yet somehow, Allah granted that thing to you? That is Allah being Kareem. 'Kareem' includes being forbearing, kind, gentle, patient, noble, pure and beneficial- each and every praiseworthy thing is being described as 'kareem', and so Allah is Kareem in all of His Beautiful Names and Attributes. Al-'Afuw (The Pardoner) is also Al-Kareem because He doesn't just forgive but completely erases your bad deeds and on top of this turns them into good deeds. It is related to His Name Ash-Shakoor (The Appreciative), because Al-Kareem rewards you generously. Everything that comes from Allaah is kareem-Paradise is the ultimate manifestation of Allah's generosity; and the Quran is Kareem.

AFFIRMATIONS

Al-Kareem, The Most Noble and Generous, has created me in an honourable way, and I choose to live up to that honour by...

Al-Kareem is the Most Generous, and I choose to embody generosity in my relationships by...

AYAT

"O mankind, what has deceived you concerning your Lord, the Generous?"

(Quran 82:6)

"O mankind, what has deceived you concerning your Lord, the Generous?"

(Quran 82:6)

Living with this Name:

Be Grateful- It is important to contemplate over what we have, and realise that what we have is truly over and above our basic needs. All that is from the generosity of Al-Kareem.

- Be dignified and noble. Allah (swt) has given the human being a sense of honour and dignity in being human. He has preferred and given dignity to humans over other creation so we must act in ways that are dignified. We dishonour ourselves by lying, cheating, being rude, and ignoring injustice.

- When feeling overwhelmed by necessities or limitations, turn to Al-Kareem, trusting in His abundant generosity to provide beyond measure. Ask Him, not based on who and what you are, but on Him being al-Kareem.

Be generous. Thirdly, be generous to people, knowing that Allah (SWT) compensates His servants because He is the ultimate in Generosity. Not simply in money, but in time and simple generosity in attitude.

Develop a relationship with the Quran al-Kareem- open the Quran every day and put effort into it and see how it transforms your heart and life because of the generosity of Al-Kareem.

ACTION POINTS

What does your heart call to, where does your attention wander to, that you will now put second, because you are willing to affirm that there is no one you love more than Allah, nothing you would sacrifice more for than Allah, there is no one who deserves your attention more than Allaah?

DAILY DU'A

رَبَّنَا آتِنَا مِنْ لَدُنْكَ رَحْمَةً وَهَيِّئْ لَنَا مِنْ أَمْرِنَا رَشَدًا

"Our Lord, grant us from Yourself mercy and prepare for us from our affair right guidance."

(Quran 18:10)

ACTION POINTS

What actions do you take when you are aligned with this truth? What thoughts and beliefs do you hold onto? What more can you do to align your actions with this truth?

What thoughts or feelings take you away from living in line with knowing Who Al-Kareem is?

When distractions emerge, how can you remain centred on Al-Kareem and acknowledge Him in moments of both gratitude and need?

PERSONAL DUAS

What dua will you ask Allah for, using His name Al-Kareem?

WHERE IN YOUR LIFE CAN YOU LIVE WITH THIS NAME MORE?

Reflect on moments in your life where you've felt Allah's abundant generosity. How did recognising al-Kareem influence your sense of gratitude and generosity toward others?

When I feel

I choose to remember ...