

## As-Samad

### The Self Sufficient

**As-Samad is the Perfect Lord and Master upon Whom the whole of creation depends, and He is not in need of anyone.**

**He is The One Who remains and never passes away, the One Who neither eats nor drinks, Who is free of all needs. As-Samad is the only one able to fulfil all needs in the most perfect way. He is Eternal and unchanging, and He is not affected by anything in the Creation.**

**Reflection:** We may feel like we are in desperate need, that we are poor, but the truth is that, when we realise that we have Allah, As-Samad, to turn to for our needs, we are not really in need at all (in terms of in this dunya), we are not poor and destitute as we thought we were- we can rest assured because we have As-Samad, taking care of our needs. He will give us everything we need. As-Samad highlights the ideal of turning to Allah with consistency, demonstrating reliance and trust in His eternal presence and provision. This attribute empowers us to seek fulfilment and solace directly from our Lord in moments of need or vulnerability, knowing that He is the embodiment of self-sufficiency and eternal support. Reflect on the significance of As-Samad as the ultimate source of support and fulfilment for us. What is our relationship to As-Samad? Do we really turn to Him for all of our needs? We go to Him for our desires but we also ultimately go to Him because we desire Him— His Love, His Acceptance, His Pleasure, and this is real sincerity (ikhlas), and He will never turn away those who come to Him.

### AFFIRMATIONS

**Allaah, As-Samad, is my refuge. He is the provider for me, and I am safe and secure in His Care.**

**I am deeply grateful to Allah, As-Samad for ...**

**When I call upon Allaah As-Samad, I do so with (eg love/awe/humility/reverence)...**

**because He is the One Who...**

### AYAT

**Say, (O Prophet) “He is Allah—One ʿ and Indivisible ”**

**(Quran 112:1)**

**“Allah—the Sustainer ʿ needed by all, The Eternal Refuge .”**

**(Quran 112:2)**

Say, (O Prophet) “He is Allah—One and Indivisible”

(Quran 112:1)

“Allah—the Sustainer needed by all, The Eternal Refuge.”

(Quran 112:2)

### Living with this Name:

- Realise your dependence on Him. In every moment we are in need of Him to provide the air we breathe, to provide food, to allow us to have a body that works, and to be guided...we are dependent on Him at all times, and He alone is the One who is totally independent of need.
- Ask Him. The Prophet Muhammad (PBUH) said: “You should ask Allah for all of your needs, even if the strap of your sandal breaks.” Go to Allah with every need you have, and rely on Him only. Don’t ever think that a need or a want is too small or too great to go to Allah with.
- Be there for people. Be a source of refuge and comfort and provide for the needs of others, and As-Samad will take care of your needs.
- Turn to Him at night with all of your needs; turn to Him, because you know that He is the One who does not waver and is there for His servants to turn to, for ALL of their needs- whether that is in this life or the next. The Prophet Muhammad (PBUH) said that “Allah descends during the last third of the night asking: ‘Is there a person asking, or a person turning back, or a person seeking forgiveness from sin?’ And this continues until the sun rises.” [Muslim]

### ACTION POINTS

What does your heart call to, where does your attention wander to, that you will now put second, because you are willing to affirm that there is no one you love more than Allah, nothing you would sacrifice more for than Allah, there is no one who deserves your attention more than Allaah?

### DAILY DU’A

اللَّهُمَّ إِنِّي أَسْأَلُكَ يَا اللَّهُ بِأَنَّكَ الْوَاحِدُ الْأَحَدُ الصَّمَدُ  
الَّذِي لَمْ يَلِدْ وَلَمْ يُولَدْ، وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ ، أَنْ  
تَغْفِرَ لِي ذُنُوبِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ

“O Allah, I ask You. O Allah, You are the One, the Only, Self-Sufficient/Eternal Refuge, Who does not give birth and was not born, and to Whom no one is equal. Forgive me my sins, surely you are Forgiving, Merciful.”

(An-Nasa’i 3/52, Ahmad 4/338)

## ACTION POINTS

What actions do you do when you are aligned with this truth? What thoughts and beliefs do you hold onto? What more can you do to align your actions with this truth?

What thoughts or feelings take you away from living in line with knowing Who As-Samad is?

When distractions emerge, how can you remain centred on As-Samad and acknowledge Him in moments of both gratitude and need?

## PERSONAL DUAS

What dua will you ask Allah for, using His name As-Samad?

## WHERE IN YOUR LIFE CAN YOU LIVE WITH THIS NAME MORE?

Where in your life do you need to surrender your needs and hopes to Him?

Write about a situation where turning to Allah as your refuge brought peace and resolution.

What lessons can you extract from that experience?