

Al-Wakeel is the one who can be entrusted with all of our affairs. He is the Ultimate Trustee, Guardian and administrator of all things and we can trust in Him to provide the best resolution for every matter. Al-Wakeel is The One Who takes care of those who put their trust in him. All affairs that are entrusted to Him bring goodness and repel harm, and this cannot be said about anyone except Allah.

Reflection: Allaah tells us time and time again to take Him as a Wakeel, to have Tawakkul (trust, reliance) on him. He knows us so well, He knows that in this journey of life, we will have moments when we need to have "backup" to have support and someone or something to lean on, whether that's physically or emotionally. We will have moments when the difficulties mean we need to have a hand-hold, we need to ride on someone else's strength and provision.

Taking Him as our ultimate Wakeel, trustee, means that we rest assured that everything He does is good, and for our good, and we don't ever need to doubt that- He is not like a human being who has his own needs and agenda to fulfil. He is Self-Sufficient, and without need; He is Generous and gives without concern or fear of loss. He is the Only One who will always be able to take everything we have on, the only One who can be completely trusted in every circumstance is Allah- He will never let us down. That doesn't mean things will always go our way, but it does mean that our heart can be at peace because we know the One who has taken care of our affairs is the ONE who is loving, Merciful, Wise, Generous, without need, all-Able.

AFFIRMATIONS

I entrust all of my affairs to Allaah, al-Wakeel, and He is the Trustee to take control of all my affairs in the best way.

When I am in a space of waiting for my duaas, I am grateful that He is facilitating it in a way that gives me time and space to learn to trust Him even more.

I am deeply grateful to Allah, Al-Wakeel for...

AYAT

"He is the Lord of the east and the west. There is no god 'worthy of worship' except Him, so take Him 'alone' as a Trustee of Affairs."

(Quran 73:9)

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Living with this Name:

- The first step to actualising Tawakkul is to recognise who Allah is. The deeper you understand Allah's names and attributes, the easier it gets to have Tawakkul in Him. Take time to learn the names and attributes of Allah, and reflect on them.
- Taking action and making an effort is a crucial step in having Tawakkul on Al-Wakeel - no matter what the action looks like, how small it might seem. Remember, the birds have to go out of their nest and then Allah will provide for them, and we have to tie our camel and trust in Allah at the same time.
- Tawakkul in Allah is taking the means, but having zero trust in the means themselves and 100% trust in Allah. It is not the extreme of only taking means and no trust in Allah, nor the other extreme of only relying in Allah and not taking the means.
- Thinking good thoughts (Husn ath-Thann) about Allah. Always maintain positive thoughts about Allah and believe that whatever Allah wills for you is best, believe that Allah will answer your dua, one way or another. 7. Handing over the matter to Allah.
- Pray istakharah. One of the most beautiful examples of trusting in Al-Wakeel's choice is the istakharah prayer.

ACTION POINTS

What does your heart call to, where does your attention wander to, that you will now put second because you are willing to affirm that there is no one you love more than Allah, nothing you would sacrifice more for than Allah, there is no one who deserves your attention more than Allaah?

DAILY DU'A

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ
الْعَرْشِ الْعَظِيمِ.

“Allah is sufficient for me . There is none worthy of worship but Him . I have placed my trust in Him, He is Lord of the Majestic Throne.” (Recite seven times in Arabic)

(ibn As-Sunni, Abu Dawud)

ACTION POINTS

What actions do you do when you are aligned with this truth? What thoughts and beliefs do you hold onto? What more can you do to align your actions with this truth?

What thoughts or feelings take you away from living in line with knowing Who Al-Wakeel is?

When distractions emerge, how can you remain centred on Al-Wakeel and acknowledge Him in moments of both gratitude and need?

PERSONAL DUAS

What dua will you ask Allah for, using His name Al-Wakeel?

WHERE IN YOUR LIFE CAN YOU LIVE WITH THIS NAME MORE?

In times when I feel (eg worried, anxious, stressed)...

I choose to remember...

Where in my life can I remind myself to trust in al-Wakeel even more, so that my Tawakkul in Him deepens, even if I don't see the outcome I want?